

# JELNAT

# MENU

[www.jelnatransilvania.ro](http://www.jelnatransilvania.ro)



## JELNA`S TERROIR

**Wild boar goulash (Saxon recipe from Jelna) 550gr.....66 lei**  
\*(wild boar, potatoes, chilli peppers, pickled cucumbers)

**Jelna Signature Pork with wadges potatoes (potatoes from own production)  
with garlic and parsley and alioli sauce 500gr.....65 lei**  
(pork neck, pork fat, garlic sauce, fried potatoes)

**Pork schnitzel with fried potatoes (potatoes from own production)  
and cheese 600 gr.....63 lei**  
(pork chop, french fries, cheese, salad mix)

**Mushroom stew with polenta 450gr .....38 lei**  
7\* (champignon, boletus, vegetable cream, parsley, polenta)

**Grilled trout fillets with polenta and garlic sauce 450gr .....52 lei**  
4,7\* (trout, cornflour, egg, potatoes)

**Homemade meat with mashed potatoes and sauerkraut salad 600gr .....68 lei**  
7,10 (smoked homemade sausage, smoked rib, smoked pork chop, mashed potatoes)

**Local charcuterie (for 2/4 people) 500/1000gr .....70/140 lei**  
7,10 (kneaded cheese, ripened curd, telema cheese, cheese, slanina, jumeri, spicy sausage, red onion)



## APPETIZER

**Hummus with baked peppers 200gr**..... 32 lei  
1,11 (hummus, pepper, garlic, olive oil, parsley, bread)

**Trio of red bruschetta, salmon fume, cream cheese 200gr**..... 36 lei  
1, 4, 7 (bread sticks, tomatoes, basil, garlic, olive oil, smoked salmon, cream cheese, prosciutto)

**Panko crusted shrimps with chilli sauce 300gr** ..... 68 lei  
1, 2, 3, 9\* (shrimp, panko crust, sweet chilli)

**Shrimps in white wine sauce 350gr**..... 66 lei  
1, 2,4,7\* (shrimps, chilli pepper, butter, garlic, wine, focaccia)

**Fritto misto with sweet chilli sauce 450gr** ..... 92 lei  
(shrimp, baby octopus, calamari and vegetables)

**International charcuterie (for two persons) 500gr**..... 93 lei  
1, 7 (prosciutto, coppa, italian salami, gorgonzola, parmesan, grisin, olive with almonds)

**Cheese platter (for two persons) 400gr**..... 72 lei  
7, 8 (ripened cheese, gorgonzola, brie, parmesan, apple, walnut, honey)

**Eggplant salad with tomatoes 250gr** ..... 32 lei  
10 (eggplant, mayonnaise, onion)

**Guacamole 250gr** ..... 28 lei  
1\* (avocado, tomato and red onion)

**Chicken liver pate with caramelized onions 250 gr** ..... 34 lei  
(chicken liver, onion, bread with seeds)

**Fried potatoes (own production potatoes) with cheddar sauce, jalapeno and crispy bacon flakes 250 gr** ..... 28 lei  
3,7 (potatoes, cheese, hot peppers, bacon, onions)

**Steak tartare (Argentine origin, matured 28 days) with homemade flavored butter 300 gr**..... 92 lei  
1,3,10 (beef tenderloin, pickled cucumber, onion, capers, mustard, Worcester sauce, tabasco, butter, bread)

**Beef carpaccio with arugula, cherry tomatoes and parmesan 180 gr**..... 89 lei

## SOMETHING WARM (until 18:00)

**Porcini cream soup with pesto 350gr** ..... 35 lei  
7, 8\* (mushrooms, liquid cream, sauce pesto)

**Creamy celery soup with roasted almonds and gorgonzola 350 gr**..... 35 lei  
(celery, vegetable cream, almonds, gorgonzola)

**Vegetable soup 350gr** ..... 27 lei  
9 (root vegetables, bell pepper, pea, string beans, potatoes, cauliflower)

**Beef soup with vegetables 350gr** ..... 36 lei  
9 (beef, root vegetables, bell peppers, peas, green beans, potatoes, cauliflower, sour cream and chili peppers)

**Chicken soup ala grec 350 gr** ..... 36 lei  
9 (chicken breast, root vegetables, pepper, sour cream)

## PASTA LA VISTA

<b>Tagliatelle with shrimps 400gr</b> .....	<b>73 lei</b>
1, 2, 3* (tagliatelle, shrimps, cherry tomatoes, chilli peppers, garlic)	
<b>Tagliatelle with forest mushrooms and beef tenderloin 400gr</b> .....	<b>78 lei</b>
1, 3* (tagliatelle, beef tenderloin, mushrooms, vegetable cream)	
<b>Tagliatelle with forest mushrooms and black truffles 400gr</b> .....	<b>60 lei</b>
1, 3* (tagliatelle, mushrooms, vegetable cream, truffles)	
<b>Spaghete aglio, olio e peperoncino 350gr</b> .....	<b>36 lei</b>
1, 3* (spaghetti, garlic, hot peppers, parsley, cherry tomatoes, olive oil)	
<b>Spaghetti carbonara 400gr</b> .....	<b>54 lei</b>
1, 3* (spaghetti, parmesan, eggs, cooking cream and guanciale)	

## PROTEIN

<b>Ribeye steak with with baked potatoes with parmesan and truffles and green pepper sauce 450gr</b> .....	<b>190 lei</b>
3,7* (uruguay beef ribeye, potatoes, garlic, parsley, parmesan)	
<b>Beef tenderloin (Argentine origin, matured 28 days) sprinkled with truffle sauce, asparagus and mashed potatoes with pesto di tartuffo 500gr</b> .....	<b>197 lei</b>
7* (beef tenderloin, truffle sauce, potatoes, pesto di tartufo)	
<b>Lamb chop with parsnip puree and chili pepper jam 600gr</b> .....	<b>200 lei</b>
*(New Zealand lamb chop, parsnip, chili jam)	
<b>Sous-vide pork cheeks with pea puree, beetroot with horseradish and red wine sauce 300 gr</b> .....	<b>70 lei</b>
7* (pork cheeks)	
<b>Asian style chicken 350 gr</b> .....	<b>53 lei</b>
6,11 (chicken breast, rice, pepper, onion, zucchini, soya sauce, garlic, sesame)	
<b>Sous-vide chicken breast with grilled vegetables and fine cheese sauce 400 gr</b> .....	<b>54 lei</b>
7 (chicken breast, mushrooms, gorgonzola and brie sauce, peppers, zucchini, eggplant)	
<b>Duck leg confit with red cabbage, mashed potatoes and sauce pinot noir 400gr</b> .....	<b>72 lei</b>
7* (duck pulp, red cabbage, potatoes, wine sauce)	
<b>Duck breast with sweet potato puree and citrus sauce 400gr</b> .....	<b>78 lei</b>
* (duck breast, sweet potatoes, citrus sauce)	
<b>Grilled pork tomahawk with mashed potatoes with French mustard seeds and chimichurri sauce 500 gr</b> .....	<b>66 lei</b>
7, 10 (pork chop with bone, potatoes, mustard seeds, butter, garlic, parsley, chili pepper, olive oil)	
<b>Beef steak sandwich with home-made fries 400 gr</b> .....	<b>78 lei</b>
1.7 (bread, beef, onion jam, cheese)	



## FISH

- Baked salmon with risotto and saffron and orange sauce 450gr** ..... 82 lei  
4, 7\* (salmon, arborio, vegetable cream, parmesan, citrus)
- Octopus with baked potatoes on a bed of salt and chimichurri sauce 400 gr** .....128 lei  
\*1347 (peeled potatoes, octopus, parsley, chili pepper, olive oil)
- Sea bream fillet with grilled vegetables and alioli sauce 450gr** ..... 72 lei  
(gilthead sea bream fillet, mushrooms, peppers, zucchini, eggplant)

## FOR DIET

- Caesar salad with chicken 500gr** ..... 54 lei  
3, 7, 10 (salad mix, cherry tomatoes, chicken, bacon, parmesan, sauce caesar)
- Salat with beef and mushrooms 300gr** ..... 89 lei  
1, 7 (salad mix, beef tenderloin, parmesan, cherry tomatoes, mushrooms)
- Greek salad 300 gr** ..... 48 lei  
7 (tomatoes, cucumbers, red onion, olives, feta cheese, olive oil, oregano)
- Risotto with forest mushrooms 350 gr** ..... 49 lei  
1, 7 (rice, mushrooms, parmesan)

## THE CHILD'S RULES

- Beef burger with fries 500gr** ..... 56 lei  
7 (beef, tomatoes, salad mix, pickled cucumbers, cedar, potatoes, burger sauce)
- Crispy chicken burger with fries** ..... 46 lei  
7 (chicken breast, panko, tomatoes, salad, pickled cucumber, cedar, fries, sauce)
- Crispy chicken in panko crust with fries 400gr** ..... 43 lei  
1, 3\* (chicken breast, panko crust, potatoes)

## INNOCENT PLEASURES

- Dolce de la Casa (homemade ice cream) 150gr** ..... 30 lei  
3, 7, 8 (almond, milk, sugar)
- Lava cake with with home made almond icecream 180gr** ..... 32 lei  
\*(dark chocolate, cocoa, almonds, milk sugar)
- Slice of cake with burnt sugar cream and apples and vanilla sauce 200gr** ..... 30 lei
- Cremsnit 250gr** ..... 30 lei
- Cheesecake with raspberry sauce 200 gr** ..... 30 lei  
(biscuit, cream cheese, raspberry sauce)

# WINE LIST

## Wine label JELNA 750 ml

### DRY WHITE WINE:

Sauvignon Blanc (13.2%).....	82 lei
M0/FR (12.5%).....	82 lei

### DRY ROSE WINE:

Pinot Noir Rose (12.7%).....	82 lei
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### DRY RED WINE:

Pinot Noir (11.5%).....	82 lei
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## Wine label DEALU NEGRU 750 ml

### DRY WHITE WINE:

Sauvignon Blanc (13%).....	115 lei
Tria 750 ml.....	115 lei
Muscat Ottonel Demi-Dulce Reserva 750 ml.....	115 lei
Vin Desert 375 ml.....	115 lei

### DRY ROSE WINE:

Pinot Noir Rose Wild Yeast (12.2%).....	115 lei
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### DRY RED WINE:

Cabernet Sauvignon Reserva (12.6%).....	115 lei
Pinot Noir Wild Yeast (12.6%).....	120 lei

Wine by the glass gama Jelna 150 ml .....21 lei

Wine by the glass gama Dealu Negru 150 ml .....25 lei

Prosecco Corte Vittorio Extra Dry 150 ml.....21 lei

## SPECIAL SELECTION:

Navicella white (13.9%).....	137 lei
Navicella red (13.5%).....	198 lei
Navicella orange (13.1%).....	157 lei
Sauvignon blanc concerto op 2 (13%).....	180 lei
1264 white (13%) 750 ml.....	264 lei
1264 red (14,8%) 750 ml.....	264 lei
Fetească Neagră (14,4%).....	360 lei

## WINMAKER'S

### PRIVATE RESERVE:

Priponit 1832 roșu ( 283 sticle, an 2020 ) 750 ml...	700 lei
Priponit 1832 alb ( 283 sticle, an 2020 ) 750 ml.....	700 lei

## BUBBLES

Prosecco Corte Vittorio Extra Dry 750 ml.....	90 lei
Prosecco Famiglia Pasqua Brut 750 ml.....	130 lei
Ferrari Maximum Blanc de Blancs Brut 750ml.....	223 lei
Champagne EPC Epicurien Brut 750ml.....	250 lei
Champagne EPC Epicurien Blanc de Blancs 750 ml.....	350 lei
Champagne EPC Epicurien Rose 750 ml.....	350 lei

# DRINKS MENU

## REFRESHMENTS

Still/sparkling water 750 ml .....	18 lei
Still/sparkling water 330 ml .....	12 lei
Pepsi Juice 250 ml .....	15 lei
Prigat Juice 250 ml .....	16 lei
Lemonade 400 ml .....	20 lei
Oranges lemonade 400 ml .....	22 lei
Lemonade with mint and basil 400 ml .....	22 lei
Fresh Orange/Grapefruit 200 ml .....	22 lei

## COFFEE

Espresso 40 ml .....	12 lei
Espresso decofeinizat 40 ml .....	12 lei
Cappuccino 160 ml .....	16 lei
Latte 200 ml .....	18 lei
Ceai 250 ml .....	16 lei

## SPIRITS

Chivas Royal Salute (21 YO ) 40 ml .....	117 lei
Chivas Regal (18 yo ) 40 ml .....	49 lei
Whiskey Jack Daniels 40 ml .....	20 lei
Whiskey Glennfiddich (12 Y O) 40 ml .....	28 lei
Vodka Absolut 40 ml .....	20 lei

Jagermeister 20 ml .....	12 lei
Cognac Hennessy VSOP 40 ml .....	42 lei
Rom Bumbu (XO) 40 ml .....	32 lei

## COCKTAILS

Apperoll Spritz 250 ml .....	32 lei
Hugo 250 ml .....	32 lei
Gin Tonic 250 ml .....	32 lei
Negroni 150 ml .....	30 lei
Cosmopolitan 150 ml .....	30 lei
Red Queen (N.A.) 250 ml .....	25 lei

## BEER

Beer Carlsberg 330 ml .....	16 lei
Beer Carlsberg NA 330 ml .....	16 lei
Şura Veche IPA 330 ml .....	23 lei



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## GUVERNUL ROMÂNIEI MINISTERUL FINANTELOR PUBLICE

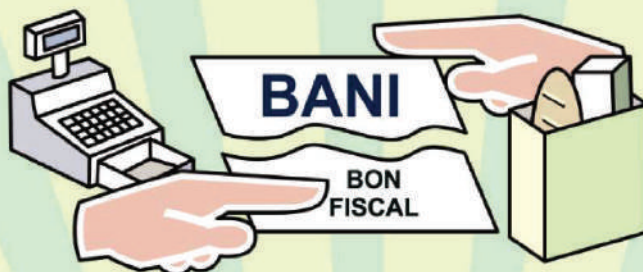
Dacă nu primiți bonul fiscal, aveți obligația să-l solicitați

**În cazul unui refuz, aveți dreptul de a beneficia de bunul achiziționat sau de serviciul prestat fără plata contravalorii acestuia**

**Solicitați și păstrați bonurile fiscale pentru a putea participa la extragerile lunare și ocazionale ale loteriei bonurilor fiscale**

**Este interzisă înmânarea către client a altui document, care atestă plata contravalorii bunurilor sau serviciilor prestate, decât bonul fiscal**

**Pentru a semnala nerespectarea obligațiilor legale ale operatorilor economici, puteți apela gratuit, non-stop, serviciul TelVerde al Ministerului Finanțelor Publice 0800.800.085**



Aceste drepturi și obligații sunt stabilite prin prevederile Ordonanței de urgență a Guvernului nr. 28/1999 privind obligația operatorilor economici de a utiliza aparate de marcat electronice fiscale.

### NOTE:

\* Descrierea anunțului tipărit în condițiile prevăzute la art. 2 alin. (1) din ordin:

Imagine color cu dimensiunea minimă de 297X210 mm (format A4)

Modelul poate fi descărcat în format electronic de pe site-ul Ministerului Finanțelor Publice [www.mfinante.gov.ro](http://www.mfinante.gov.ro).

Pentru tipărirea anunțului de atenționare în condițiile prevăzute la art. 2 alin. (2) din ordin se utilizează caractere egale, de minimum 14 puncte.

## \* 14 Allergens

Coming to a food label near you

The way allergens are labelled on prepacked foods is changing because of new regulations. The Food Information Regulation, which comes into force in December 2014, introduces a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

<b>1</b>	<b>Celery</b> This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.
<b>2</b>	<b>Cereals containing gluten</b> Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, bread/crumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.
<b>3</b>	<b>Crustaceans</b> Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.
<b>4</b>	<b>Eggs</b> Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.
<b>5</b>	<b>Fish</b> You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.
<b>6</b>	<b>Lupin</b> Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.
<b>7</b>	<b>Milk</b> Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.

<b>8</b>	<b>Molluscs</b> These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews.
<b>9</b>	<b>Mustard</b> Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.
<b>10</b>	<b>Nuts</b> Not to be mistaken with peanuts (which are actually a legume and grow underground, this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts). You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.
<b>11</b>	<b>Peanuts</b> Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.
<b>12</b>	<b>Sesame seeds</b> These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.
<b>13</b>	<b>Soya</b> Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.
<b>14</b>	<b>Sulphur dioxide (sometimes known as sulphites)</b> This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.